

Nursing Excellence Awards: Nursing Leadership and Advocacy Nomination Letter

Carol Reidy RN, CGN(C), is the Certified Registered Nurse (CRN) of the Not for Admission (NFA) department, which primarily cares for GI endoscopy patients. It has a preparation and recovery area, three procedure rooms and a flexible endoscope reprocessing area.

Carol always tries to lead by example and would not expect any of her co-workers to do something she would not do herself.

She feels that caring for patients should not be compromised due to the time or day of the week you have unfortunately suffered your GI bleed or other GI predicament. This fuels her push to ensure all NFA nurses and OR technicians are properly trained. She tries to ensure that all nurses on GI bleed call are equally up to the task to provide optimal care to patients as well as being competent and a complementary addition to the GI Bleed call team.

In 2004, Carol initiated the Winnipeg Regional Health Authority (WRHA) endoscopy working group which consisted of CRNs from the various

endoscopy sites and her goal was to streamline endoscope reprocessing and ensure all sites were providing the same level of care throughout the WRHA. The patient could then be assured that the endoscope used on them was properly cleaned and disinfected and didn't depend on



Carol Reidy receives award from Lori Motluk, Chief Nursing Officer.

what site did the reprocessing of the scope. This was achieved by establishing competency checklists for nurses and OR technicians to successfully complete before doing the reprocessing independently.

The competency was then to be re-evaluated yearly which aligned with the WRHA policy that was also being worked on at that time.

Carol has presented at conferences provincially and nationally. She had also given talks within our own hospital. Carol has a reputation as a knowledgeable resource regarding endoscope reprocessing and endoscopy, as evidenced by other institutions, nurses and managers who have sought out her opinion and expertise. She was asked to orientate a new CRN to endoscopy from the Victoria Hospital, which was unprecedented.

Carol oversees all aspects of the NFA department from staff training, equipment co-coordinator, equipment maintenance, ordering supplies, dealing with vendors and much more.

She recently, successfully organized a transition out of old technology to new computerized Automated Endoscope Reprocessors without cancellation of procedures with help

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from Medical Device Reprocessing (MDR) for space. Staff had to be trained while procedures were performed and no other site thus far can say the same across Canada.

Our CRN is confident in the abilities of the staff that she also has taken on additional roles for the staff in the endoscopy reprocessing area by doing the OR's GI flexible video endoscope reprocessing as well as taking on the respiratory department video bronchoscope reprocessing. Also done in this area, is the Ambulatory Care Facility (ACF) flexible Ear, Nose & Throat (ENT) scope reprocessing.

Outside of work, Carol is the President of the Manitoba Chapter of the Canadian Society of Gastroenterology Nurses and Associates (CSGNA). This entails providing educational sessions throughout the year for nurses and associates to gain additional knowledge in their specialty. Carol has planned with her Executive, the Manitoba Chapter spring conference which took place on April 28, 2012 in Winnipeg.

Carol has recently been successful in lobbying for nurses and physicians in the NFA department to have their own lead aprons for fluoroscopic procedures. She did this by utilizing the Occupational Health & Safety (OH&S)

quarterly inspection reports over time to show it is not in the best interest of the staff to hand-off sweat soaked lead aprons from one to another which was accepted practice nowhere else in the facility that does radiological procedures. This was a positive step for the NFA nurses and physicians.

Another positive change in NFA, championed by Carol occurred in the last year, was getting baseline staffing changed from one RN to two RNs in the NFA prep/recovery, which was relying on old statistics from 2002. It was becoming more and more evident that one RN could not handle the increasing workload which was supported by an increasing number of cases. Patients came as outpatients or from other facilities for GI bleeds and ERCPs, as well as in-patients. Also, additional outpatients discharged the day before from Emergency, were arriving to the prep/recovery with the urgent cases.

Knowledge obtained from conferences which reflect best practices are instituted and staff concerns are readily heard and encouraged. This translates into staff confidence in the care they provide their patients. The staff are proud to work in the NFA department in the St. Boniface Hospital.

With this, we respectfully put in the nomination for nursing leadership and advocacy for Carol Reidy RN, CGN(C), CRN of the NFA department.

Sincerely,
Jane Mackeen RN
Wanda Gembarsky RN ♦

Congratulations to Carol Reidy on receiving the Nursing Leadership and Advocacy Award from St. Boniface Hospital, Winnipeg, Manitoba during Nurses Week 2012.

Online Voting for Bylaw Proposals

NEW online voting for 2012 CSGNA bylaw amendments is available on the website in the Members Only section from June 15-July 15. You will need your username and password to access the online voting system.

If you have forgotten your password, click on the password recovery option in the Members Only section of the website. If you have forgotten your username, it is often your membership ID number (last two digits of year you joined plus four digit membership # ie. 12-0000).

If you don't have your membership ID number, contact Palma Calacino at adminassistant@csгна.com for further assistance.

Guidelines for Submissions to "The Guiding Light"

- Submit all materials by email to the newsletter editor in word format.
- Submissions must be received by the first of the month preceding each issue i.e.: Feb 1st for March issues, June 1st for July issues and Oct 1st for November issues.
- Include all references using APA referencing.

CSGNA DISCLAIMER

The Canadian Society of Gastroenterology Nurses and Associates is proud to present The Guiding Light newsletter as an educational tool for use in developing and promoting your own policies and procedures and protocols.

The Canadian Society of Gastroenterology Nurses and Associates does not assume any responsibility for the practices or recommendations of any individual, or for the practices and policies of any gastroenterology unit or endoscopy unit.

In the Spotlight

St Joseph's Healthcare, Hamilton, ON

Welcome to St Joseph's Healthcare Hamilton (SJHH) Endoscopy Unit! Our unit is one of the largest endoscopy units in the Hamilton area. We work collaboratively with Hamilton Health Sciences, Cancer Care Ontario and the Firestone Institute for Respiratory Health. Renovations in 2002 provided 5 procedure room and 4 beds in the admitting area. By 2008, we had outgrown this space and renovations were again required, to include our current 6 procedure rooms, 1 dedicated urgent procedure room, an 8 bed recovery area plus a 4 chair admitting area. In addition, we have a newly expanded decontamination/reprocessing room, a large endoscope storage room and a reception/waiting area.

Our Team consists of 34 staff physicians who include respirologists, thoracic, bariatric, general surgeons and gastroenterologists. We have a dynamic staffing mix of 10 full-time and 9 part-time Registered Nurses (RN), and 2 full-time and 3 part-time Registered Practical Nurses (RPN), who work in our admitting area. Also included in our staffing mix are 2 full time and 3 part-time room

based attendants. Our cleaning area is staffed with 2 regular full-time attendants and many others who float through from our reprocessing department. We have a super administrative support team as well, who ensure patients are registered and ready for their procedures. Registered Nurses work a combination of 8 and 10 hour shifts plus rotate to cover 24/7 for our on call service. We are the only endoscopy unit in Hamilton with a 24/7 on call, in hospital endoscopy nurse service. Our hours of operation are from 0700 to 1800, 5 days a week.

The majority of our workload consists of gastroscopies, flexible sigmoidoscopies, colonoscopies and bronchoscopies plus Endoscopic Bronchial Ultrasound (EBUS) procedures. Our therapeutic endoscopies include Yag Laser and Argon Plasma Coagulation. We provide ERCPs, plus we have an RN Flexible Sigmoidoscopy Program run by specially trained and certified Nurse Endoscopists. This Program is the only program in Ontario with 3 fully certified Nurse Endoscopists – a source of pride for us. We run 3 teams a day Monday to Friday.

Typically a team consists of 2 RNs and 1 physician, assisted by the room based attendants. We average anywhere from 55 to 65 cases /day.

Our unit collaborates with Cancer Care Ontario in several ways. One example is the RN Flexible Sigmoidoscopy Program previously mentioned. Flexible sigmoidoscopy performed by one of our 3 fully certified Nurse Endoscopists, is offered to provide colorectal screening for asymptomatic individuals between ages 50-74. We also work with Cancer Care Ontario to provide the regional Lung Diagnostic Assessment Program (LDAP), located in the Firestone Institute for Respiratory Health, at the Charlton site of SJHH. Together with our thoracic surgeons and respirologists, the LDAP program strives to provide timely testing and care for these patients. The LDAP program is coordinated by a Nurse Navigator who supports patients as they navigate their way through testing and diagnosis of potential lung cancer. To help meet these patient's needs, we have 1 specialized team every Tuesday dedicated to performing bronchoscopies and EBUS procedures.

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GH Chapter Executive.



SJHH is also research oriented and an example of this is the development of a new procedure to help severe asthmatics. This procedure was pioneered by 2 of our staff physicians and bronchial thermoplasty is supported by our endoscopy unit. We have also begun a research study to compare various sedation practices for gastroscopy patients. Unfortunately, the nationwide drug shortage has impacted on our ability to complete

this study which was disappointing for all!

Currently we have 5 Registered Nurses with Canadian Nurses Association Gastroenterology Certification, one with Critical Care Certification and our CSGNA Golden Horseshoe Chapter Executive are all members of this dynamic unit. We work collaboratively with many varied services and enjoy the challenges each day brings. We

look forward to the CSGNA National Conference every year and hope to see you there!

Submitted by
CSGNA Golden Horseshoe Chapter Executive and St Josephs Healthcare Hamilton Endoscopy Unit President Jody Hannah
Secretary Linda Gandy
Treasurer Michele Jerome-Hastings ♦

Applying for Scholarships is Definitely Worth the Effort!

As a member of the CSGNA for the past eight years, I have had the opportunity to attend many conferences. I have applied for scholarships and received financial support to attend the CSGNA Annual National Conference and the SGNA Annual Course. These conferences are great ways to learn, network and obtain education hours.

CSGNA offers several scholarships to assist members with research, certification and professional development through education.

To apply for scholarships, access Resources and then Scholarships & Forms on the CSGNA website at www.csgna.com for scholarship criteria, application forms, score sheet and information. Complete the forms, write a brief letter and provide a current Curriculum Vitae or resume. Send them by mail or fax to Palma Colacino, CSGNA Executive Assistant. If you have questions about the process, contact Donna Bremaud, CSGNA Research & Awards Director or any of the Chapter or National Executive team.

You can apply for one or more scholarships. There are many to choose from. Attend the National Conference in Montreal September 27-29, 2012. Get involved with CSGNA. It's your specialty nursing association.

Receiving remuneration for improving your knowledge is a WIN, WIN!

Submitted by
Joan McKechnie RN CGN(C)
CSGNA Newsletter Editor
& Website Director ♦

A Lesson from the Canada Goose

Did you know that Canada geese fly in formation to save energy by the lifting power of the bird immediately in front of each and this adds greater flying range? A goose who falls out of formation suddenly feels the drag and resistance of flying alone.

When we are working together for common goals, we can get more accomplished in less time. Our society has a great number of talented and knowledgeable people who have much to offer each other and the association.

When the lead goose gets tired, it moves back in the formation and another takes the lead position. So too, leaders in our organization get tired and when it is their turn to rotate to the back of the group, we need another member to take the lead.

Submitted by
Joanne Glen
CSGNA President 2010-2012 ♦



President's Message

At the conference in Edmonton in 2010, I invited you to join me as I embarked on a journey and it has been a good ride!

It has been my pleasure to lead this organization the past 2 years. The most rewarding part is to see others as they develop their leadership potential. Volunteering to serve CSGNA at the local or national level is a growth opportunity!

I am so proud of my local chapter which is full of enthusiastic individuals who together make a vibrant and creative chapter. Some have stepped beyond their comfort zones and taken on the challenge to do a poster for the Annual Conference. You are my inspiration! Thank you for always supporting me.

Mabel and I attended the SGNA course, *Finding the Leader in You*. We have enjoyed our collegial relationship with SGNA and appreciate the opportunity to develop our own skills at the leadership sessions they provide to their regional executive members and have graciously invited us to join in. We were able to network with outgoing President, Leslie Stewart and incoming President, Phyllis Malpas. It

has been exciting to develop closer ties with our sister organization.

Thank you to all who have served on the Board, past and present in my 7 years on the Board. I have been privileged to work with bright, visionary and knowledgeable nurses who have a passion to see GI nursing advance in Canada.

I would like to extend best wishes to Mabel Chaytor as she prepares to lead CSGNA for the next 2 years and I am happy to announce that Lisa Westin will take her place as President Elect. They will make a great team as they continue the work that has been ongoing in developing CSGNA to be the association that the members want and expect.

Thank you to Pauline Porter, Practice Director and Betty Kennah, Canada Centre Director as they leave the board having served 2 terms each.

We welcome newcomers to the board: Linda Pinches as Newsletter Editor & Website Director, Sandy Stone as Practice Director and Dana Letto as Public Relations Director. Donna Bremaud has been elected to return as Awards & Research Director, and Joan McKechnie will remain on the Board moving to the Canada Centre Director position. I wish all of you the best as you continue to work on the Board for the advancement of our society.

Thank you for entrusting me with the President position. I am grateful for the amazing opportunities that I have had and encourage each of you to consider becoming a leader in our organization.

With gratitude,
Joanne Glen RN CGN(C)
CSGNA President 2010-2012 ♦

REMINDER

As per Bylaw 22.12 all CSGNA Chapters shall submit to their Regional Director by November 30th the Chapter's financial report.

**MEMBERSHIP
RUNS FROM
JUNE 1ST
TO MAY 31ST
ANNUALLY**

GI Certification 2013

Apply now online at cna-aiic.ca.
It's one of the best career moves you will make. The exam date is April 20, 2013. The certification application deadline is November 14, 2012 and the certification renewal due date is December 3, 2012.

Don't forget to apply for the CSGNA Michele Paquette Certification / Recertification Scholarship.

Synopsis CSGNA Board of Directors Meeting

Toronto, ON – February 18th, 2012

- 1. REVIEW AND ADOPTION OF MINUTES AND AGENDA:** A motion was passed by Betty Kennah and seconded by Cathy Arnold Cormier to adopt and accept the agenda and previous minutes as circulated prior to the meeting. There were no additions except for some minor corrections and adjustments to the agenda.
- 2. REPORTS FROM REGIONAL DIRECTORS:** Submitted by Connie Wescott, Canada West Director, Betty Kennah, Canada Centre Director and Sandra Marshall, Canada East Director. Reports were circulated and reviewed prior to the meeting. Discussion occurred about non-compliant chapters and how we can increase communication and involvement of members. Strategies to keep chapters active and viable as members retire, were discussed. Chapter Executive have been reminded by Directors that if they have any concerns or questions, they can be presented by the Regional Director to the Board.
- 3. UPDATE ANNUAL CONFERENCE MONTREAL 2012:** This is the fifth year for the conference planner Heather Reid, with CSGNA. Heather presented the Board with the Montreal conference format, schedule, budget and the exhibitor/sponsorship package. A request from the Planning Committee for feedback on hotel, speaker rates and for additional information on the website and Board support for posters. A copy of the conference documents were reviewed by the conference planner with the Board. Education Director, Cathy Arnold Cormier met with the Montreal Planning Committee and the conference planner in Montreal in mid-January. The budget for translation is in place. A discussion was held about future conferences from 2013 onward.
- 4. PRESIDENT'S REPORT:** The report was sent to Board members prior to the meeting for review. Letters and emails were sent by Joanne Glen to all the provincial unions, asking what they do to support and encourage certification of nurses, in GI specialties in their province. There has been no response from any of them. Some provincial unions have negotiated remuneration for certified nurses, which vary by province. Nominations for upcoming Board positions were discussed, with Joanne going around the table, to find out which Board members were stepping down or seeking re-election.
- 5. AWARDS AND RESEARCH DIRECTOR REPORT:** Scholarship applications except for SciCan and Olympus have been reviewed, revised and placed in a standardized format. It is as simple as checking off the one that is of interest to you. Permission for photo release is also on the form. This would require filling out the form, printing and signing it, then scanning the completed form to the Awards and Research Director. A motion was made by Donna Bremaud to change the bylaw and transfer the province of Quebec Chapters to the Canada East region and report to the Canada East Director. The motion was seconded by Connie Wescott. Mabel Chaytor will draft the bylaw change to be voted by membership. It was decided
- by the Board members after a discussion, that there will be 12 CSGNA Annual Scholarships available for the 2012 conference, for the membership. A motion was made by Donna Bremaud and seconded by Joan McKechnie.
- 6. PRACTICE DIRECTOR REPORT:** Pauline Porter is working on condensing Infection Control and PPE standards for the website, to be ready by the end of March 2012. Guidelines for Radiation Safety and Electrosurgical Cautery Devices are also in the works.
- 7. TREASURER REPORT:** Jacqui Ho updated the Board on the CSGNA financial picture, since taking over the position of Treasurer. There are three main accounts, one for education funding, a second for operations and a third for conference expenses. The balance in each account was disclosed and this information will be available for the membership in the Annual Report. A CSGNA business Visa was set up so that personal Visa cards don't have to be used. The association has insurance, which Jacqui will look into what it covers, for example whether it covers expenses for cancellation of a conference if an untoward event occurred. The new accountant will be working closely with Jacqui and updating her quarterly. Jacqui will be purchasing a scanner and will scan all financial records for the last five years onto a disk. Paper records will then be destroyed.
- 8. PUBLIC RELATIONS DIRECTOR REPORT:** There was one submission for GI Nurses Week cover page for the Guiding Light which was sent by the Central Alberta Chapter. The theme was "How do you attract and

retain members". There were tips on what we can achieve as a national organization. Lisa Westin suggested we develop a one page fact sheet from this information, to be used by chapters to attract and retain members, which we could distribute at the chapter luncheon during the Annual Conference. CSGNA is now being recognized as a special interest group by CARNA, the Alberta nursing association. Lisa is looking at lobbying for GI recognition in other provinces, as a special interest group, within their nursing associations. Lisa is also attempting to encourage GI nursing research groups and IBD Nurse Practitioners to be included and recognized under the umbrella of CSGNA. There was a discussion about promoting GI nursing in different areas such as with students and also in the province of Quebec. We also have CSGNA on Facebook.

9. **BYLAWS REPORT:** New bylaws are being written by Mabel Chaytor, President Elect. Special interest groups, conflict of interest policy for board members and changing the boundary for Canada East, to include Quebec are some of the bylaws she is working on. A suggestion was by Joanne Glen that the Face to Face Board meeting be a two day meeting to accommodate committee meetings. There is not enough time to cover all items in a one day meeting.
10. **CSA ISSUES:** Audrey Boyce, who is a reprocessing technician at Red Deer Hospital and is the CSGNA representative on the CSA committee, was at a two day meeting held in Toronto, early in 2012. One of the discussion items was infection control and since it is such an important area in our practice of GI nursing. There was a discussion about CSGNA infection control standards, which are still being worked on but are not ready. A decision was made to initiate an Infection Control Committee with the Practice

and Education Directors chairing and three members at large one from each region of Canada as representing members on the committee. Mabel will write a bylaw for this suggested area.

11. **EDUCATION DIRECTOR REPORT:** Guidelines for education hours for chapter education events have been done by Cathy Arnold Cormier. These will be sent to Regional Directors who will disseminate information to their respective chapters. Cathy has been looking over the legal documents, involving educational information that is proposed to be on CSGNA website, by vendors associated with CSGNA. She is also attempting to finalize instituting educational modules on our website for the express use of our members. Cathy has also provided input to the Montreal Planning Committee on topics for the Annual Conference. She is in the process of speaking with the members at large for the educational committee regarding educational material.
12. **CONFERENCE PLANNING DOCUMENT:** Reviewed and updated by Joanne Glen, Lisa Westin and Donna Bremaud. The information in the document has been reorganized to apply to conference planning with or without a conference planner. Everything about planning a CSGNA conference is in the document including items like budget and program. The document will remain with the Secretary, dated and in PDF format.
13. **NEWSLETTER EDITOR AND WEBSITE DIRECTOR:** Letters were sent out to companies for sponsorship of the newsletter, since Olympus was at the end of its term for sponsoring the newsletter. A few companies responded but we have not got a definite sponsor yet. Discussion to streamline the Guiding Light occurred but the idea of putting most of CSGNA news

and information on the website was deferred until we have a strategic plan in place. Eventually it was thought that minutes of meetings, Chapter and Board Executive information could be placed on the website. A bylaw related to this information change will be drafted by Mabel. In the future, multiple sponsors for the Guiding Light are an option, which will be explored.

14. **WEBSITE:** Kevin Jackson from Biz-zone who manages our website, attended the Board meeting and addressed our needs and concerns. Online learning was focused on, the cost and ease of learning was looked at.
15. **UNFINISHED BUSINESS:** Since we need a strategic and business plan in place, Joanne and Lisa will be speaking with a nurse, Anne Marie Fuchs whom they know. Anne Marie is experienced at developing strategic and business plans and they will ask her to develop a plan for CSGNA. This will be done at the beginning of April. The association will cover the cost for Audrey Boyce to attend the CSA meetings as a CSGNA representative. She will report back to the Practice and Education Directors and provide them with feedback on the final document.

Items for the CSGNA Marketplace were discussed, whether it is cost effective to carry them, on an ongoing basis. This is where a strategic plan would help us decide what would eventually be best to do.
16. **NEXT MEETING:** Pre conference meeting is in Montreal Wednesday, September 26th and the post conference meeting is in Montreal Sunday, September 30th, 2012.

Submitted by
Lorraine Majcen RN, BScN, CGN(C)
CSGNA Secretary ✦

REPORTS

PRESIDENT ELECT REPORT

Attitude is everything in our profession. You can gain a great deal with the right perspective. It is important to express our pride and respect for others as well as ourselves. CSGNA is all that and more to us on the Board. We encourage all our members to take time, especially the under 40 age group, to come on board. There are always lots of opportunities, don't wait, the time is now. You too, can contribute. It will be an incredible experience.

CSGNA gives me personally, the feeling of being connected, optimistic and motivated in our incredible gastroenterology nursing specialty.

Please promote CSGNA. We love to see new members joining and current members renewing. It is well worth the cost. We wholeheartedly support our members.

To those who wrote the CNA certification exam this spring or those planning to write in the future, do apply for the Michelle Paquette Certification / Recertification Scholarship.

The Montreal conference will offer an exciting opportunity to come together from coast to coast to share and learn. The Montreal Planning Committee has done a great job and the program looks terrific. I look forward to seeing record numbers attending the Montreal conference in September.

Have a safe and wonderful summer.

Submitted by
Mabel Chaytor RN CGN(C)
CSGNA President Elect

CANADA EAST DIRECTOR REPORT

I would like to extend best wishes to Edna Lang on her recent retirement. Edna has been very committed to CSGNA throughout her working career. Edna has worn many hats in

our association, both nationally and provincially. Of late, she has been the glue in our Nova Scotia Chapter and retires as our Chapter President. Edna, I wish you the best in your retirement and wish we had more members with your enthusiasm and dedication to GI nursing. Thanks Edna for getting me active in CSGNA.

On May 5th, 2012 I had the opportunity to attend the PEI/NB Education Day in Charlottetown. There were 28 attendees at the event. It was a very educational and fun filled day for all. Thank you to the Provincial Executive for planning a great event and to our Industry representatives for supporting all of our functions. Many of these educational functions could not happen without their support.

I would like to welcome Sandy Stone, Newfoundland's Chapter President to the CSGNA National Board. Sandy is the new Practice Director.

Submitted by
Sandra Marshall RN CGN(C)
CSGNA Canada East Director

CANADA CENTRE DIRECTOR REPORT

Congratulations to everyone who were successful in writing their certification exam in gastroenterology. As well, congratulations to all who recertified.

The Montreal Chapter held an education day in March. Topics included pulmonary, cardiology and abdominal assessment. A session called "Do you know your feet" was also presented. The Chapter is very busy planning for our Annual Conference. Be sure and mark your calendars for September 27th-29th, 2012. I hope to see you there.

The Ottawa Chapter held an education evening in the spring. The topic was "The Utility of Fecal Calprotectin in IBD".

The Greater Toronto Chapter held their annual education day in May. It was held at the new head office of Olympus Canada. We were given a tour of their headquarters. It was very impressive to say the least. Olympus reps spoke on endoscopic mechanics, reprocessing and repair avoidance. There was a "hands on" session using Olympus accessories. A gastroenterologist covered a topic titled "GI Potpourri".

The Golden Horseshoe Chapter held their education day in April in St. Catharines. Donna Rothwell, from the Registered Nurses Association of Ontario spoke on professionalism in nursing and best practice in nursing. She is a dynamic speaker. A rep from Pentax gave an update on Pentax endoscopes, as well as proper handling, reprocessing and how to avoid costly repairs. Other topics included eating disorders, pancreatitis, hepatitis C and C. difficile colitis.

The Central Ontario Chapter had an education evening in May. It was held at the Southlake Regional Hospital.

The London Chapter have had several educational dinners over the last year.

Submitted by
Betty Kennah RN CGN(C)
CSGNA Canada Centre Director

CANADA WEST DIRECTOR REPORT

Vancouver Island Chapter Report

The Vancouver Island Chapter has had a successful start to the 2012. In April, we hosted our annual education day with presentations given by local physicians and a nurse practitioner from the United Kingdom (UK). Debbie Johnson, from the UK, spoke to us about quality assurance for colonoscopy. We had a great turnout with 60 registrants attending the event. Our Annual General Meeting followed. We voted in a new executive: President – Andrea White, Secretary – June Clarke and Secretary – Patti Pettepiece. We have 3 RNs going to the National Conference in the fall.

Vancouver Chapter Report

Lorraine Lafleche has agreed to be the Vancouver Chapter Treasurer. The Chapter would like to thank Gill Lazarian for her hours of volunteering as the past Vancouver Treasurer. The GI Forum this year is October 4-5 at the Four Seasons Hotel in Vancouver.

Okanagan Chapter Report

We moved into our brand new GI Endoscopy Unit and May 28th was the first operating day at the Centennial Tower in Kelowna. There are lots of changes and improvements for patients and staff. The Chapter is now working on organizing another Dinner Talk series with our gastroenterologists and planning a larger educational event for the fall or coming spring, depending on dates and availability. Our Chapter had 1 member write the CNA GI exam in April. Congratulations to April Schuster for all your efforts. Another nurse rewrote the exam for her 5 year renewal. Congratulations to Nancy Curatolo. We are very proud of them and look forward to posting their certificates on the wall in the endoscopy unit. Way to go ladies.

Alberta Southwest Regional Chapter

We had a very successful education day on March 23rd. It was on Crohns and Colitis. We planned a Chapter open house in May to encourage new members and provide a couple of small educational in-services. We are looking forward to the next year and what it has to offer.

Calgary Chapter

The Calgary Chapter has produced another educational poster for clients and staff focusing on Screening Colonoscopy. This poster was sent out to Calgary sites and Medicine Hat, Alberta.

Thanks to Michelle Larocque for all her hard work.

The Chapter has resumed the Journal Club meetings. On May 23rd, we held a meeting to discuss an article on dual versus mono therapy with Crohns Disease. Janssen Pharmaceuticals graciously sponsored the event. Our next meeting will be focused on a series of DVDs produced by Valerie Cade CSP, "Managing your Boss" and "Bullying in the Workplace". Dates will be determined for the fall. A dine and learn has been scheduled for June 6th. The topic is "IBS: It's not all in your Head", presented by Dr. Ali Rezaie, GI Fellow. The Chapter would like to thank Ferring Pharmaceuticals, Boston Scientific and Pentax Canada for their unwavering support for this event and many others in the past.. Have a great summer.

Central Alberta Chapter

The Central Alberta Chapter has been very busy this past winter. We planned another education day which we hosted on April 21 for approximately 110 nurses and associates from Red Deer and surrounding areas of Alberta. The day was entitled "What Makes Your Liver Quiver?" and was a very informative and fun filled day. We covered many aspects of liver disease, interventional treatments, transplants etc. We donated the proceeds from two of our silent auction items to the Liver Foundation and the Hope Program.

Throughout the winter, we used an hour of our monthly meetings for education. Lisa Westin provided lectures on the NICE Program (Nurses Initiative in IBD Care and Education in Canada), promoted by Abbott Pharmaceuticals. It provided continuity of education regarding IBD so that we are all teaching our patients the same information and we are equally knowledgeable of these diseases.

We hope to organize a team for the Crohns and Colitis Walk in June and we'll call ourselves "The GI Janes". Hope everyone has a great summer.

Edmonton Chapter

The Edmonton Chapter enjoyed an evening dinner presentation hosted by the Sturgeon Hospital. Dr. Allen Lim presented "IBD: A General Overview" and Stacy Amyotte, Chapter Development Coordinator for Northern Alberta and the Northwest Territories, spoke on the role of the Crohns and Colitis Foundation of Canada. Thirty-one delegates attended. Thank you to Jaymes Purdon, Abbott Pharmaceuticals and Mark Malinowski, Vantage Endoscopy for their support.

We had one member write the certification exam this year.

There are three sites planning evening dinner presentation events in May. We were unable to have our GI Cancer Series presentation on Gastric Cancer as planned in March but plan to reschedule it in our next membership year.

Our final meeting was at the end of May. We will take a break for the summer.

Regina Chapter

The Regina Chapter has been busy planning GI Day 2012, our annual conference that will be held on October 19th in Regina. We are looking forward to hosting another successful event this year. Last year, over 150 registrants attended the informative presentations and had some valuable time to interact with vendors. The day finished up with a presentation on veterinary endoscopy which was very interesting and fun.

There was an excellent turnout for the Journal Club meeting in March to watch a video and discuss the interpretation of lab values. The group is looking forward to the next Journal Club meeting to continue through the series.

Both endoscopy units in Regina held Nurses Week celebrations.

Manitoba Chapter

In March, we had Dr. Dana Moffatt present "The New Frontier" which discussed newer treatments that are out there but unfortunately our health authorities don't authorize funding for. Some of these treatments are routine management for patients in some places. He also talked about treatments the Japanese are doing for esophageal and gastric tumours.

On April 28, 2012, we had our biennial Manitoba Chapter spring conference at Samuel Cohen Auditorium in Winnipeg. The whole day focused on reprocessing. Sandy Sauiod RN CGN(C) from Olympus Canada, came and did the bulk of the presentations. Microbiologist, Dr. Michele Alfa, who is renowned for her extensive knowledge around endoscopes and reprocessing, gave the final presentation of the day. There were many questions asked of her and I believe, people for the most part, were satisfied with the education day. We had two breakout sessions during the "hands on" portion with endoscopes for those more experienced nurses. One session was given by Francois Gaboury from ConMed and it was on electrocautery and APC in endoscopy. The second breakout session was presented by Janson Chapel from Vantage Endoscopy on Advantage Plus AER. We had good attendance from the vendors with four platinum sponsors and ten gold sponsors.

We will have one more meeting in June sponsored by Cook Canada with rep Shawn Gillespie.

The topic is yet to be determined.

Submitted by
Connie Wescott RN CGN(C)
CSGNA Canada West Director

DIRECTOR OF AWARDS AND RESEARCH REPORT

Congratulations to Joan McKechnie as a recipient of the Professional Development Award.

Scholarship applications are available on the website. Remember the deadline for the scholarships is July 15th.

Submitted by
Donna Bremaud RN CGN(C)
CSGNA Awards & Research Director

EDUCATION DIRECTOR REPORT

Work has been ongoing to provide online education to our members. We are hoping to have it available by the fall.

We have developed a form to guide our local Chapters in assigning educational hours to the events they put on. This should be available to all Chapters.

I have been involved with some of the meetings for the Montreal Planning Committee and I am sure everyone will find the National Conference very educational.

Over the past few months, I have received numerous e-mails with requests for direction/ advice/ guidance and assistance in studying for the CNA certification exam. The Education Committee is going to look at what is available now, what was available in the past and what we can do to help RNs looking to write their certification exam. Hopefully, we will have something available for nurses when they register for the exam in November. Best of luck to the more than 25 RNs who wrote their exam in April.

Submitted by
Cathy Arnold Cormier BScN RN CGN(C)
CSGNA Education Director

PUBLIC RELATIONS REPORT

CSGNA has successfully achieved special interest group (SIG) status with CARNA (College & Association of Registered Nurses of Alberta). Nursing organizations that achieve SIG status are encouraged to develop a closer link with CARNA, including a start up grant for new chapters, access to other SIG's within the province, promotion of group activities in the CARNA publications and access to the provincial offices for meetings. Ideally, CSGNA chapters in each province will achieve SIG status.

The National Conference Planning Guide has been revised and updated. This will serve as a valuable resource for each planning committee as they work toward developing the program and conference at their respective sites.

The CEO of Badgut (Society of Intestinal Research) in Vancouver has expressed interest in developing a collaborative relationship with CSGNA. She is especially interested at this time to provide a voice for lobbying governments to support and fund GI nurse positions across the country. We agreed to link our websites to encourage members to develop an awareness of what we each have to offer.

Submitted by
Lisa Westin RN MN CGN(C)
CSGNA Public Relations Director

**Just a reminder that we
need donations for
door prizes and the silent
auction for the National
Conference in Montreal**

NOTE FROM THE NEWSLETTER EDITOR AND WEBSITE DIRECTOR

Thank you once again Olympus Canada for your generous support sponsoring the CSGNA Guiding Light newsletter for 2012.

I encourage CSGNA members to get involved. Submit articles, pictures and ideas for the newsletter by email to newslettereditorwebsitedirector@CSGNA.com. Any gastroenterology related articles can be used towards re-certification.

The National Board has decided to condense the newsletter to

REPORT ON 2012 CNA CONVENTION

After 32 years in nursing, I had the amazing opportunity to attend my first annual CNA Convention in Vancouver as the incoming President Elect for CSGNA. If ever offered the opportunity to attend, I would highly recommend it.

Approximately 800 nurses and student nurses from across Canada attended the three day convention. I participated in a full day meeting of representatives of nursing specialties recognized by CNA. At this workshop, Shari Graydon, a leader in the field of women in media, provided us with an opportunity to develop our ability to promote our specialty and address issues concerning our field with the government, public, stakeholders and our membership. This was a valuable exercise as CSGNA and GI Nursing continues to evolve and we recognize the need to look for ways to increase and retain our membership.

The convention was packed with expert speakers, plenary addresses

and debates. Chapter events, documents, contact information and forms are on the website.

Renew your CSGNA membership online. The deadline has been extended to June 30, 2012. The Montreal conference brochure will soon be available on the website and you will be able to register for the 2012 National Conference online.

Online voting for bylaw amendments has begun and is available from June 15 to July 15, 2012. Go to the Members Only section of the website, click on the toolbar and type in your username and password. Then click

and debates. The keynote speakers were fantastic and included Margaret Trudeau, Arlene Dickinson (from Dragon's Den) and Dave Williams, a Canadian astronaut and ER physician. A highlight was the opening address from Gina Browne – Transforming Health Care for the Next Generation. Her presentation and other's are available on video at <http://www.cna-aiic.ca/en/events/2012-cna-biennial-convention/>.

The highlight of the convention was the release of the National Expert Commission report – A Nursing Call to Action http://www2.cna-aiic.ca/CNA/documents/pdf/publications/nec/NEC_Report_e.pdf.

The Commission developed a 9 point action plan that addresses the evolving health needs of Canadians and makes recommendations for optimizing the capacity of nurses to transform the current health system through evidence based practice, collaboration and expertise of nursing. These strategies match the goals and values of CSGNA. I encourage all

again to access the bylaw proposals and ballot form. Read the proposals and then vote on the ballot form. Don't forget to enter your Chapter name. You can only vote once.

Next year, online voting for CSGNA National Executive elections will be available on the website. Please contact me if you have any questions or suggestions for the newsletter, website and/or e-newsletter.

Submitted by
Joan McKechnie RN CGN(C)
CSGNA Newsletter Editor & Website Director

members to read the report at the link above and grasp opportunities to demonstrate how your GI Nursing practice can contribute to achieving the goals of the Commission.

Submitted by
Lisa Westin, MN, CGN(C)
CSGNA Public Relations Director ♦



La vie en rose

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Canadian Nursing Foundation Nightingale Gala

On May 9th 2012, I had the privilege to attend, on behalf of CSGNA, the 2nd Annual CNF Nightingale Gala in support of the Canadian Nurses Foundation (CNF), held at the beautiful Convention Centre in Ottawa. Our guest speaker was Olivia Chow, Member of Parliament and dear wife of the late Jack Layton, who praised nurses for the care and support they offered her husband and family right to the end of his life.

Did you know?

The Canadian Nurses Foundation was launched in Vancouver on June 26th in 1962 by the Canadian Nurses Association (CNA), to encourage and assist graduate nurses in postgraduate work leading to master's and doctorate degrees.

Over the past 50 years, several CNF award recipients have become leaders in health care provincially, nationally and internationally.

The Canadian Nurses Foundation is celebrating its 50th anniversary this year. They have raised \$3 million or

75 % of their goal. The campaign supports nursing scholarships, certification and research awards. This helps nurses grow and make a positive impact on our Canadian healthcare system. It inspired me to support nursing excellence and contribute to the fund raising campaign of \$4 million. I hope you will do the same. You can donate on line at www.cnf-fiic.ca or call 1-800-361-8404 ext. 242 or 613-237-2159 ext. 242 or mail your donation at Canadian Nurses Foundation 1-50 The Driveway, Ottawa, ON. K2P 9Z9

Submitted by
Michèle Paquette RN CGNC
CSGNA Ottawa Chapter ♦



Hélène Sabourin, CNF Executive Director with Yvonne Craig as Florence Nightingale.



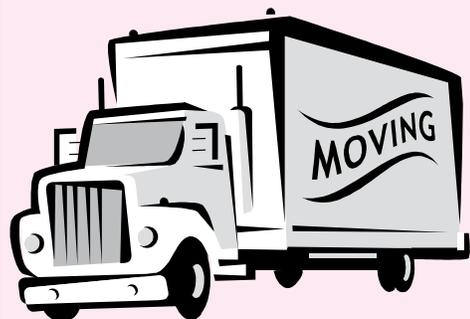
CNF Nightingale Gala.

Frank Scheme was the official gala photographer.

CONTACT INFORMATION FOR CHAPTER & NATIONAL EXECUTIVES

Contact information for the Chapter and National Executives is available on the website. Click "About Us" on the toolbar on the homepage and a drop down box will appear with "Chapter" and "Executive" lists. Click again to choose the appropriate list.

CHANGE OF NAME/ADDRESS



NAME: _____

NEW ADDRESS: _____

CITY: _____ PROV.: _____ POSTAL CODE: _____

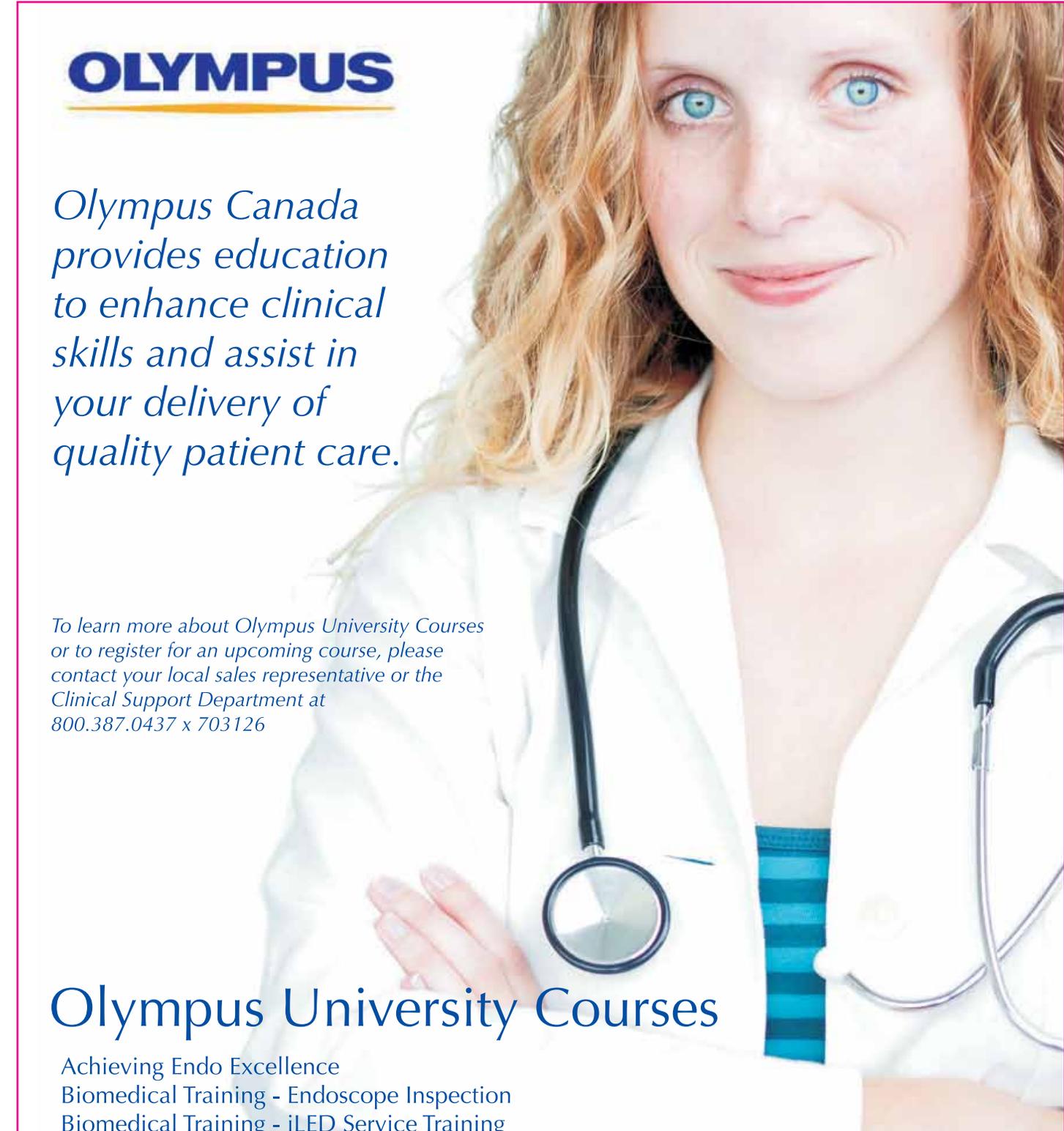
PHONE: _____ FAX: _____

E-MAIL: _____

(Send change of name/address to the CSGNA Executive Assistant)

Photos of SGNA Annual Course Phoenix, AZ





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www.olympusuniversity.ca



GI NURSING DAY: May 11, 2012

St. John's, NL

Highlights from GI Nursing Day:

St. Clare's Endoscopy and Health Science GI Units

The week, not just the day, was celebrated with cake, great lunches and treats from the physicians.

The cafeteria was a great location for the GI poster display of pictures, information brochures and educational material. Congratulations to all the dedicated, proud to be GI nurses We do love GI!

Submitted by

Mabel Chaytor RN CGN(C)

CSGNA President Elect ♣



Kitchener, ON

Highlights from GI Nurses Day:

St. Mary's General Hospital Endoscopy Unit

The endoscopy staff celebrated GI Nurses Day with great food, photos and a display of our four National Conference posters in the department. Everyone stopped to look at the posters. We had lots of fun too.

Submitted by

Joan McKechnie RN CGN(C)

CSGNA Newsletter Editor & Website Director ♣



Deadline for Scholarships

June 30, 2012

CSGNA Research Scholarship

July 15, 2012

CSGNA Annual Scholarship Award

CSGNA Chapter of the Year Award

GI Professional Nurse Award nomination

Michele Paquette Certification/Recertification Scholarship

CSGNA New Member Scholarship Award

CSGNA Annual RPN/LPN/Technician Scholarship Award

SciCan Education Scholarship nomination (each chapter is invited to nominate a member)

August 15, 2012

Olympus Patricia Coghlin \$1500 Scholarship

Olympus \$500 Scholarships

45 days prior to event

CSGNA Professional Development Scholarship Award

CSGNA Chapter Executive Professional Development Award

December 1, 2012

CAG Nurse Scholarship

Information and application forms are posted on the website at www.csgna.com